

KRISTEN BOWEN

CEO & Founder of Living The Good Life Naturally
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ABOUT ME

Utah native and founder of Living the Good Life Naturally, Kristen Bowen created a company out of her personal health struggles that stemmed from a severe magnesium deficiency. This took a toll on her entire body, leading to weight and hair loss, and caused her to suffer daily seizures. Her mission became to refocus on health, and to help others in her community.

2.7K

YOUTUBE SUBSCRIBERS



4.1K

IG FOLLOWERS



5.5K

FACEBOOK FOLLOWERS



7.2K

EMAIL LIST SUBSCRIBERS



All data recorded in May of 2020

About LTGLN

KRISTEN'S "WHY"

She was inspired to help others and created Living The Good Life Naturally. This quickly grew into the company we have today. Kristen has a passion for helping women, and found a way to incorporate this into her company. By building her team and creating quality products, LTGLN has been able to create products that have helped our customers find the tools they need to create a healthy lifestyle.